



Address: 8155-79 Ave NW Edmonton AB. T6C-0P9 Ph: 780 448-1301; Fax: 780 461-0351

Email: [office@northaltacare.com](mailto:office@northaltacare.com) Website: [www.northaltacare.com](http://www.northaltacare.com)



*Hello Educators and Families,*

*Northalta consultants look forward to visiting the day homes and the children every month! We have noted, because the weather is getting nicer, educators are out on more walks and longer walks with the children.*

**Educators**, please advise your consultant of your schedule and the parks you visit so we can join you or plan your visit when your home.

To further assist consultants, please notify the Northalta office when the day home is closed.

**Families**, if your Educator is unavailable, you can contact Northalta for back up care. If you do not use any Northalta childcare, please contact us to ensure we can make a credit adjustment.



### **Points to Ponder:**

#### **Guiding children's behaviour is hard!**

*It becomes even more challenging when we find ourselves running around after the little darlings saying, "NO!"*

*So, our challenge for this month is, how can you encourage prosocial behaviour by using positive language?*

*For example, try saying, "We use walking feet" if they are running.*

*Instruct them: "We use a gentle touch" is much kinder to hear, and also lets them focus on what you WANT them to do, not what you want them to stop doing ("Stop hitting!"). Often all they hear is the word "hit", but we want them to hear, and start trying, "gentle touch".*

*It takes practice, but guiding children this way is easier, kinder, and results in a more supportive environment with increased chance of success and seeing the behavior you are teaching.*

*This month focus on the positive, and what you want them to do – and watch how much more pleasant your days together can be!*



### **Educator Professional Development Opportunity March 19<sup>th</sup>**

#### **Purposeful Programming**

Educators do amazing activities to support the development and growth of the children in their day homes.

We will provide helpful hints and strategies to make the programming process meaningful to the educator and families.

Educator attendance is mandatory. Parents can support their Educator by promptly picking up their child on workshop day.

This is a training evening for educators, no children please.

### Educator's Birthdays

Ritu G. Saba T. Adelina C.,  
Dyan E.



# March 2020

### Educator's Anniversaries

Elzbieta J.- 16 yrs.  
Nicole C.-4 yrs.  
Radhika P.-4 yrs.



Sun	Mon	Tues	Wed	Thu	Fri	Sat
1	2 Parents Fees Due	3 <b>World Wildlife Day</b>	4 Parents: Late fee applies to unpaid childcare fees	5	6	7
8 <b>International Woman's Day</b> Daylight Savings Time	9 <b>Holi Purim</b>	10	11	12	13	14
15	16	17 <b>St Patrick's Day</b>  Educator payment email sent	18	19 <b>Educator Workshop</b> See below for details	20 <b>First Day of Spring</b> Educator payment email due BY 9:00a.m.	21 <b>International Day of Forests</b>
22	23	24	25	26	27	28 <b>Earth Hour</b>
29	30	31	<b>Educator Workshop: Purposeful Programming</b> <b>Time: 6:45p.m. – 8:30 p.m.</b> <b>Location: Ascension Lutheran Church</b> <b>8405-83 Street – use rear entrance</b>			

## Upcoming Community Events & Celebrations

**March 3rd - World Wildlife Day** - UN World Wildlife Day celebrates and raises awareness of the world's wild animals and plants.

**March 8th - International Woman's Day** - Annually on March 8th, thousands of events are held throughout the world to inspire women and celebrate achievements. Ensure that the future for girls is bright, equal, safe and rewarding.

**March 8th - Daylight Savings Time** - Move clocks forward 1 hour

**March 9th – Holi** - A traditional Hindu festival which celebrates the beginning of spring as well as the triumph of good over evil. Spring Hindu festivals also known as the festival of colors or the festival of love

**March 9th – Purim** - Marks the Jewish people's deliverance from a royal death decree around the fourth century BCE, as told in the Book of Esther. Many Jewish Canadians celebrate it on the 14th day of the month of Adar in the Jewish calendar,

**March 17th - St Patrick's Day** - It remembers Saint Patrick, the patron Saint of Ireland. Celebrate by wearing green!

**March 19th – Northalta Workshop** – Purposeful Programming - We will provide helpful hints and strategies to make the programming process meaningful to the educator and families.

**March 20th – First day of Spring**

**March 21st- International Day of Forests**- The United Nations' (UN) International Day of Forests promotes the importance of forests and trees in our lives.

**March 30th - Earth Hour** - WWF's Earth Hour is a simple way to be a part of the climate change solution and show together we can make a difference. Celebrate by turning off your lights from 8:30p.m. to 9:30p.m.

