



Address: 8155-79 Ave NW Edmonton AB. T6C-0P9 Ph: 780 448-1301; Fax: 780 461-0351

Email: office@northaltacare.com Website: www.northaltacare.com



Edmonton is beautiful winter city, let's enjoy it!

It's that time of year when we bundle the children up to head outside and play in the cooler temperatures and snow! It is recommended children are outside every day as a part of their daily activities. The benefits of outdoor play include children may sleep better and have a better appetite. It also provides children the opportunity to enjoy the weather and seasons.

We understand parents and Educators have concerns about outdoor play because some of the cold symptoms are also COVID-19 symptoms.

Please refer to the UPDATED COVID-19 Alberta Health Daily Checklist (For Children Under 18) procedures regarding runny nose and other cold symptoms. Visit Alberta Biz Connect at <https://open.alberta.ca/publications/covid-19-information-alberta-health-daily-checklist>

Remember when you are taking children outdoors, they must have appropriate clothing for outdoor play like a snowsuit, mitts and toque.

It may be convenient to have an extra set of gloves, toque etc. at the dayhome.

Please visit *Caring for Kids*, for information on winter safety.



A few tips before you go outside:

Remember hygiene. Bring hand sanitizer if you have it. Wash your hands with soap and water before you eat and whenever you come inside. Keep in mind public washrooms at parks and other places are closed.

No agenda needed. You don't have to have an activity or even a destination when you go outside. Explore, look around. Repeat.

Be safe. Watch for slippery trails, icy patches and puddles. When near water (running or frozen), kids will need extra supervision.

Retrieved Oct. 26, 2020 from AHS *Healthy Together*



bring winter indoors

SNOW TRAY



**Mini
ice hockey**



Ways to PLAY
with **Snow**
Indoors



When you cannot get
outside, try some fun
activities with snow
IN THE HOUSE!

https://www.pinterest.ca/pin/53409945554898071/?nic_v2=1a58NfbjZ



Educator's Birthdays

Suzana K. Rosamaria R. Heather S. Gagan C.
Davorka B. Dina B. Parminder C. Mandeep S.

November 2020



Educator's Anniversaries

Anu R. 3 years

Sun	Mon	Tues	Wed	Thu	Fri	Sat
1 Daylight Savings Time Ends	2 Parent fees due	3	4 Parents: Late fee applies to unpaid childcare fees	5	6	7
8	9	10	11 Remembrance Day Northalta Office closed & approved Educator holiday 	12 Educator payment email sent	13	14
15	16 Educator payment email due BY 9:00a.m.	17	18	19	20	21
22	23	24	25 National Child Day	26	27	28
29	30					

Dates to Remember

November 1st - Daylight Saving Time - Turn clocks back by an hour at 2 a.m.

November 11th - Remembrance Day - Commemorates the sacrifices of people in all armed conflicts.

November 20th - National Child Day - National Child Day has been celebrated across Canada since 1993 to commemorate the United Nations' adoption of two documents centered on children's rights: the United Nations Declaration of the Rights of the Child on November 20, 1959, and the United Nations Convention on the Rights of the Child on November 20, 1989

Visit the Government of Canada <https://www.canada.ca/en/public-health/services/health-promotion/childhood-adolescence/national-child-day.html> and National Child day site <https://www.nationalchildday.ca/about/> for more information on National Child Day.



Northalta office and Educator's Christmas and New Year's schedule:

- **December 24th - Christmas Eve** - Northalta office hours - 8:00 a.m.-1:00 p.m. (Parents - Confirm your day home Educator's hours)
- **December 25th - Christmas Day** - Northalta office closed and approved Educator holiday
- **December 28th - Boxing Day in lieu** - Northalta office closed and approved Educator holiday
- **December 31st - New Years Eve** - Northalta office hours - 8:00a.m.-1:00 p.m. (Parents - Confirm your day home Educator's hours)
- **January 1st, 2019 - New Years Day** - Northalta office closed and approved Educator holiday

“The Alberta Framework recognizes, appreciates, and values the search for a shared professional language amongst child care educators.” Makovichuk, L., Hewes, J., Lirette, P., & Thomas, N. (2014). *Flight: Alberta’s early learning and care framework*. Retrieved from flightframework.ca.

As we look at the Alberta Flight Framework, we notice a new language. The Framework introduces terms we may not be familiar with or currently use such as pedagogical, curriculum, disposition, holistic and so on. As we learn and understand the “professional language” we see how we can communicate and enrich the child’s learning experiences.

It is important to note, Educators incorporate concepts and goals from Flight. E.g. Educators understand children learn differently however they are not using “disposition” to describe the learning manner of the child.

Flight: Alberta’s Early Learning and Care Framework contains a glossary of terms (p.138). We encourage educators to become familiar with the terms as we continue to explore Flight in our child care environments.

Download Flight: Alberta’s Early Learning and Care Framework Flight from <https://flightframework.ca/>

Growing Together as Professionals



Introduction: What is Curriculum?

Curriculum

“Curriculum happens all day, in every routine, action, interaction, and arrangement of the room.” (Pelo as cited in McNaughton & Krentz, 2007, p. 86)

It includes:

- Our planning
- Our Interactions
- The playroom environment
- Our decisions & how we make them
- How we use time, space & materials

Curriculum in early learning and care involves everything we do with children and their families.

What is a curriculum framework?

It articulates values and guiding principles to influence our work with children, families, and each other.

It introduces concepts to help us reflect on our practice and the decisions we make in our work.

It provides holistic goals and dispositions for learning to help us document, make children’s learning visible, and reflect on our practice and the ways we can further support children.

A curriculum framework is:

- **not** step-by-step plan or “how to” manual
- **not** based on thematic planning
- **not** based on subject-specific outcomes
- **not** primarily focused on ages and stages of children

Flight

Flight is Alberta’s Early Learning and Care Framework. It is intended to guide and inspire educator reflection and practice.

Flight Core Concepts:

- Image of the Child
- **A Practice of Relationships: Your role as an Early Learning and care Educator**
- **Mighty Learners: Nurturing Children’s Dispositions to Learn**
- **Responsive Environments: Time, Space, Materials, and Participation**
- **Transitions and Continuity: Supporting Children and Families Through Change**

Holistic Play-Based Goals

- Well-Being
- Play and Playfulness
- Communication and Literacies
- Diversity and Social Responsibility

Dispositions to Learn

- Playing
- Seeking
- Participating
- Persisting
- Caring

Flight is available online at:

www.flightframework.ca